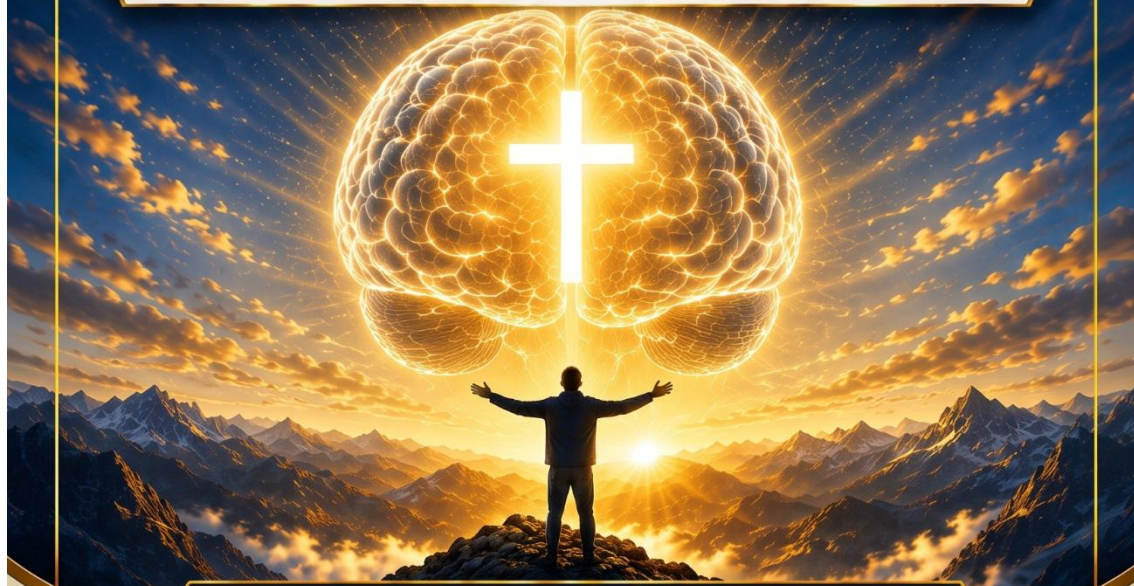


THINK RIGHT

WINNING THE BATTLE FOR YOUR MIND

10 LIFE-CHANGING SCRIPTURES
TO RENEW YOUR MIND



A 10-DAY JOURNEY TO
— RENEW YOUR MIND WITH GOD'S WORD —

DR. PAUL CHIPMAN

— THINK RIGHT MINISTRIES —

— *Renewing your mind...one thought at a time.* —

TABLE OF *Contents*

Renewing Your Mind...One Thought at a Time

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*Do not conform to the pattern of this world,
but be transformed by the renewing of your mind.*

— ROMANS 12:2



WELCOME

Welcome to Your 10-Day Journey

Winning the Battle for Your Mind Begins...One Thought at a Time.

“Be transformed by the renewing of your mind.”

ROMANS 12:2

Dear Friend,

Every day, thousands of thoughts pass through your mind. Some inspire **faith, hope, courage,** and **peace.** Others whisper fear, worry, shame, regret, and self-doubt. The question isn't whether you'll have thoughts. The question is:

Which thoughts will you choose to believe?

The battle for your mind is one of the greatest battles you'll ever fight—and one of the most important. Why? Because your thoughts shape your emotions, influence your decisions, affect your relationships, and determine the direction of your life.



Shape your emotions.



Influence your decisions.



Affect your relationships.



Determine the direction of your life.

DURING THE NEXT 10 DAYS...

Together, we'll discover ten life-changing Scriptures that will help you:

-  Renew your mind with God's truth.
-  Replace fear, worry, and negative thinking with faith.
-  Take every thought captive.
-  Experience God's peace in life's pressures.
-  Develop practical habits that lead to lasting transformation.

DON'T RUSH THE JOURNEY

This devotional isn't meant to be rushed. *Read one day at a time. Pause. Reflect. Pray.* Then ask God to help you live out His truth throughout your day.

A PRAYER FOR YOU

Father, thank You for bringing this reader to these pages. During the next ten days, renew their mind through Your Word, strengthen their faith, replace fear with peace, and help them experience the transforming power of Jesus Christ. May every truth they discover become a lasting reality in their lives. In Jesus' name, *Amen.*



THE GOOD NEWS

The good news is that **God never intended for you to fight this battle alone.** His Word provides everything you need to:

-  Recognize destructive thinking
-  Replace lies with God's truth
-  Renew your mind
-  Experience His peace
-  Walk in lasting freedom

WHAT YOU'LL FIND EACH DAY

-  A Key Scripture to meditate on.
-  A Think Right Principle to remember.
-  A Relatable Story that illustrates God's truth.
-  Today's Challenge to put God's Word into practice.
-  A Guided Prayer to help you talk with God.
-  A Memory Verse to hide God's Word in your heart.

Remember...

Real transformation rarely happens all at once.

ONE THOUGHT...

ONE CHOICE...

ONE DAY...

AT A TIME.

Dr. Paul Chipman

FOUNDER & BIBLICAL COUNSELOR

THINK RIGHT MINISTRIES



THINK RIGHT
MINISTRIES

RENEWING YOUR MIND...ONE THOUGHT AT A TIME.



DAY 1

RENEW YOUR MIND

There is nothing more powerful than a changed mind.

- » You can change your hairstyle.
- » You can change your wardrobe.
- » You can change your address.
- » You can change your career.

But if you never change the way you think, you'll continue repeating the same unhealthy patterns.

Nothing changes until your mind changes.

Have you ever looked in the mirror and promised yourself,

*"Tomorrow will be different."
Tomorrow I'll stop worrying."
Tomorrow I'll control my temper."
Tomorrow I'll trust God more."*

Then tomorrow comes...

...and nothing changes.

Why?

Because lasting transformation doesn't begin with your behavior. It begins with your thinking.

The Apostle Paul wrote,

*"Do not conform to the pattern of this world,
but be transformed by the renewing of your mind."*

— ROMANS 12:2 —

God doesn't simply want to improve your behavior. He wants to renew your mind.



The good news is this:

What has been learned can be relearned. Through the power of the Holy Spirit, God can replace Automatic Negative Thoughts (ANTS) with Spiritual Automatic Thoughts (SATS) rooted in His Word.

The process of renewing your mind is lifelong.

But don't become discouraged.

You don't have to change everything today.

Just surrender your next thought to Christ.

Because every transformed life begins...

one thought at a time.



THINK RIGHT MINISTRIES

Renewing your mind...one thought at a time.



THINK RIGHT PRINCIPLE

Your life will never consistently rise above your strongest thoughts.



TODAY'S CHALLENGE

Identify one negative thought you've been believing. Then find one verse of Scripture that replaces that lie with God's truth.



PRAYER

Father, renew my mind through Your Holy Spirit. Help me replace every lie with Your truth and become the person You created me to be. In Jesus' name, *Amen.*



MEMORY VERSE

"Be transformed by the renewing of your mind."

— ROMANS 12:2



ONE LAST THOUGHT

Change your thinking, and God will begin changing your life.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ "I Don't Want the World, If I Lose You In the End" by Eno Kwaiti
- ▶ "Change My Heart Oh Lord"
- ▶ "I Surrender All" by Steven Moctezuma

DAY 2

THINK

GOD'S THOUGHTS

"As he thinks in his heart, so is he."

— PROVERBS 23:7 (NKJV)

Several years ago, I took my three sons and a group of teenage boys to Busch Gardens. While we were there, my adventurous son, Paul, challenged everyone to ride the tallest water slide in the park.

Trying to be the courageous dad, I smiled and said, "I'll go with you." The boys cheered, gave each other high-fives, and together we started climbing what seemed like ten flights of stairs.

But something interesting happened on the way up.

The higher we climbed, the more fear showed up.

One by one, the boys looked over the edge, changed their minds, and headed back down to solid ground.

Finally, only my son and I remained at the top.

He looked at me and asked, "Pop, are you still going?"

I looked over the edge...

Swallowed hard...

And said, "*Paulie... you've got this. You're on your own.*"

With a huge grin, he launched himself down that giant slide, screaming all the way to the bottom with pure excitement.

I watched him disappear and thought, "I could never do that."



He thought he could.
I thought I couldn't.

*The difference wasn't the water slide.
It was what each of us believed.*

He thought he could...so he did.
I thought I couldn't...so I didn't.

Our thoughts shape our confidence, influence our decisions, and often determine whether we move forward or turn back.



How many opportunities have we missed because we believed the wrong thing about ourselves?

God calls us to replace fear with faith and lies with His truth.

Because the thoughts you repeatedly believe will eventually shape the life you live.



*Renewing your mind...
one thought at a time.*



THINK RIGHT PRINCIPLE

Your life often moves in the direction of your strongest thoughts.



TODAY'S CHALLENGE

What fear has been holding you back? Find one promise from God's Word that speaks directly to that fear, and meditate on it today.



PRAYER

Father, help me replace fear with faith and lies with Your truth. Give me the courage to believe what You say about me instead of what fear tells me. Renew my mind and strengthen my confidence in You. In Jesus' name, *Amen.*



MEMORY VERSE

"As he thinks in his heart, so is he."

— PROVERBS 23:7 (NKJV)



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ "Overcomer" by Mandisa
- ▶ "The Comeback" by Danny Gokey



DAY 3

THINK ON WHAT'S TRUE

— PHILIPPIANS 4:8 —

Have you ever played Whac-A-Mole? It's the arcade game where little heads keep popping up, and your job is to hit them before they disappear. No matter how many you knock down, more keep popping up somewhere else.

Sometimes my mind feels exactly like that.

One thought reminds me about an upcoming medical test. Another tells me I forgot to return a library book. Then I remember a deadline at work, an overdue car registration, an unpaid bill, or that speeding ticket I still need to deal with. Before long, my mind is racing in a dozen different directions.



Can you relate?

Researchers have discovered that many of our daily thoughts are negative or unhelpful. Add the constant stream of bad news, social media, and everyday pressures, and it's no wonder our minds become overwhelmed.

God never intended us to live that way.

Instead of allowing negative thoughts to control us, the Apostle Paul tells us what to think about.

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

— PHILIPPIANS 4:8 (NKJV)

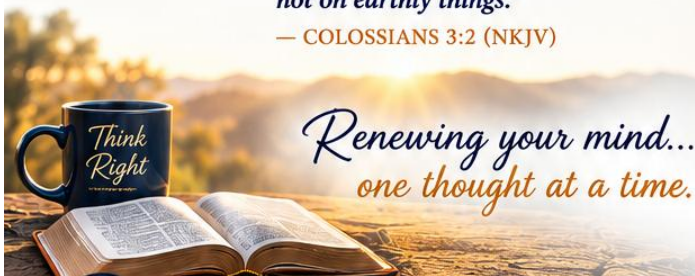


Every time you choose to focus on God's truth instead of your fears, you're renewing your mind

one thought at a time.

“Set your minds on things above, not on earthly things.”

— COLOSSIANS 3:2 (NKJV)



*Renewing your mind...
one thought at a time.*



THINK RIGHT PRINCIPLE

What occupies your mind eventually shapes your life.



TODAY'S CHALLENGE

Identify one negative thought you've been replaying today. Replace it with one truth from God's Word.



PRAYER

Father, help me take every thought captive and focus on what is true, pure, and pleasing to You. Fill my mind with Your truth so my life reflects Your peace.
In Jesus' name, *Amen.*



MEMORY VERSE

“Whatever is true... think about such things.”

— PHILIPPIANS 4:8 (NKJV)



ONE LAST THOUGHT

Every thought you entertain is shaping the person you are becoming. Choose thoughts that bring you closer to Christ.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ “Hello, My Name Is” by Matthew West
- ▶ “Holy, Holy, Holy” by Alvin Slaughter



THINK RIGHT MINISTRIES

Renewing your mind...one thought at a time.



DAY 4

REPLACE LIES WITH GOD'S TRUTH

— 2 CORINTHIANS 10:5 —

As a young boy, I suffered from severe social anxiety. Every morning I cried on the school bus. I cried throughout the school day. I cried on the ride home. When I walked through the front door, I climbed into my mother's lap and cried until she comforted me.

I believed a lie.

I believed no one liked me and school was a place to fear.

Then one Valentine's Day everything changed.

When I arrived at school, a large envelope was taped to the front of my desk. Inside were dozens of Valentine's cards from my classmates. One by one, I opened them.

"Be My Valentine." "You're my friend." "Happy Valentine's Day!"

With every card I read, another lie lost its grip on my heart. For the first time, I realized I wasn't rejected. I was loved. I belonged.

The Apostle Paul reminds us:



*"We take captive every thought
to make it obedient to Christ."*
— 2 CORINTHIANS 10:5

Satan is the father of lies. He whispers, "You're a failure." "No one loves you." "You'll never change." But God speaks a different message through His Word.

The battle for your mind is won one truth at a time.



*The greatest battlefield wasn't
the school playground.
It was my mind.
The day God's truth replaced
my lies was the day my life
began to change.*



*Renewing your mind...
one thought at a time.*



THINK RIGHT MINISTRIES
Renewing your mind...one thought at a time.



THINK RIGHT PRINCIPLE

Every lie you believe
loses its power when it
meets God's truth.



TODAY'S CHALLENGE

What lie have you
believed about yourself?
Find one verse today
that replaces that lie
with God's truth.



PRAYER

Father, help me take every
thought captive and focus
on what is true, pure, and
pleasing to You. Fill my mind
with Your truth so my life
reflects Your peace.
In Jesus' name, *Amen.*



MEMORY VERSE

*"Take captive every thought
to make it obedient
to Christ."*
— 2 CORINTHIANS 10:5



ONE LAST THOUGHT

You cannot stop every
thought from entering
your mind, but you can
decide which thoughts
are allowed to stay.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ "You Say"
by Lauren Daigle
- ▶ "Start Over"
by Flame



DAY 5

SET YOUR MIND ON THE SPIRIT

ROMANS 8:5-6

Let's be honest.
Every Christian struggles with something.

For me...it's donuts.

Jelly-filled. Lemon glazed. Cinnamon twists. Chocolate éclairs.
Large or small—I love them all.

One afternoon I stopped by the grocery store to buy donuts for my special education students. As I was checking out, the bakery clerk smiled and said, "If you come back after five o'clock, you can buy an entire dozen for the price of one."

That was all my flesh needed to hear.

At 5:01 p.m., I was standing in front of the bakery.
I filled a box with donuts, paid a few dollars, and headed to my car.
As I drove home, the conversation in my mind began.



MY FLESH WHISPERED,
"You've lost twenty-three pounds. One donut won't hurt."



MY SPIRIT ANSWERED,
"Remember your goal. Don't trade long-term victory for a moment of pleasure."

That day...I listened to my flesh.

I told myself I'd eat just one.

You already know how that story ended.

One became two.

Two became several.

I had won the battle to lose twenty-three pounds, but I lost the battle for my mind.

A week later, I found myself in that same grocery store.

It was after five o'clock.

The donuts were once again marked down.

The same voice whispered, "One donut won't hurt."

But this time another voice spoke louder.

"For those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires... The mind governed by the Spirit is life and peace."

— ROMANS 8:5-6

I stood there for a moment... Smiled... Turned my shopping cart around...
And walked away.

The donuts stayed on the shelf.

My peace came home with me.

That day I discovered something important.

Victory wasn't found in resisting donuts.

Victory was won when I chose to set my mind on the Spirit instead of my cravings.



**The real battle wasn't in the bakery aisle.
It was in my mind.**



THINK RIGHT PRINCIPLE

Every temptation begins
with a thought.
Every victory begins
with a choice.



TODAY'S CHALLENGE

What temptation keeps
speaking to you? Before
you act on it, stop and ask,
"Is my mind set on the
flesh or on the Spirit?"



PRAYER

Father, help me take every
thought captive and focus
on what is true, pure, and
pleasing to You. Fill my life
with Your truth so my life
reflects Your peace.
In Jesus' name, *Amen*.



MEMORY VERSE

*"The mind governed
by the Spirit is
life and peace."*

— ROMANS 8:6



ONE LAST THOUGHT

Every time you say "no"
to your flesh, you're
saying "yes" to the life
God desires for you.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ "Holy Spirit You Are"
Welcome Here
by Heavens Mutambira
& Amplified Praise
- ▶ "What is This"
by Walter Hawkins



THINK RIGHT MINISTRIES

Renewing your mind...one thought at a time.



DAY 6

REPLACE ANXIETY WITH GOD'S PEACE

PHILIPPIANS 4:6-7

Have you ever watched the old *Road Runner* cartoons? Wile E. Coyote spent every episode chasing something he could never seem to catch. Sometimes life feels the same way. We chase success, financial security, a better marriage, healthier relationships, or simply peace of mind. We run harder, work longer, and worry more—only to discover that peace continues to elude us.



That's because peace isn't something we achieve; *it's something God gives.*

When life's pressures begin to mount, God invites us to stop striving and start praying.

“

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”

— PHILIPPIANS 4:6-7

Notice God's promise. He doesn't simply change your circumstances—**He guards your heart and your mind.** As you surrender your worries to Him, He replaces your anxiety with His supernatural peace.



As Isaiah reminds us,
*“You will keep him in perfect peace,
whose mind is stayed on You.”*

— ISAIAH 26:3

God's peace is greater than your greatest pressure.



*Renewing your mind...
one thought at a time.*



THINK RIGHT MINISTRIES
Renewing your mind...one thought at a time.



THINK RIGHT PRINCIPLE

Peace begins where
worry ends and
prayer begins.



TODAY'S CHALLENGE

What burden have you been carrying that God never intended you to carry alone? Give it to Him in prayer today, and thank Him in advance for His faithful care.



PRAYER

Father, today I surrender every anxious thought to You. Fill my heart with Your peace, steady my mind with Your truth, and help me trust You with every concern. Thank You for guarding my heart and mind through Christ Jesus. *Amen.*



MEMORY VERSE

“The peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”

— PHILIPPIANS 4:7



ONE LAST THOUGHT

You cannot pray and worry at the same time. The more you pray, the less you will worry.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ “The Breakup Song”
by Francesca Battistelli
- ▶ “Fear is a Liar”
by Zack Williams



DAY 7

LET JESUS CARRY WHAT YOU CAN'T

— 1 PETER 5:7 —

This summer, my wife and I are taking our two grandchildren to Disney World. We'll spend the day exploring the Magic Kingdom, riding every kid-friendly ride we can find. I can already picture the excitement on their faces.

But I also know how the day will end.

After hours of running, laughing, and playing, their little legs will give out. They'll look up at me with those tired puppy-dog eyes, lift their arms, and say, "Papa Bear, pick me up. I'm tired."

Without hesitation, I'll stoop down, lift them into my arms, and carry them all the way back to the car. They won't worry about how far it is. They'll simply trust that Papa Bear is strong enough to carry them.

That's exactly what God invites us to do.

*"Throw all your anxiety onto Him,
because He cares about you."*

— 1 PETER 5:7 (CEB)



The Greek word for "throw" (*epirriptō*) means to *cast or throw a heavy burden* onto someone else. God never intended you to carry the weight of life's worries alone. He invites you to place every burden into His capable hands.

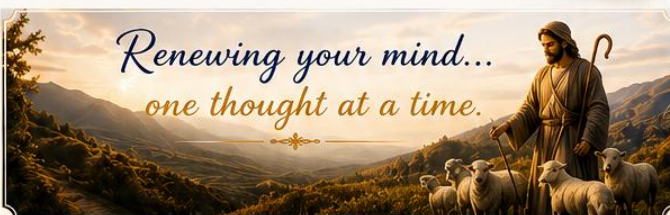
Jesus tenderly says,

*"Come to Me, all you who labor and are heavy laden,
and I will give you rest." (Matthew 11:28)*

Like a loving Shepherd,

*"He gathers the lambs in His arms
and carries them close to His heart." (Isaiah 40:11)*

When you're too weary to carry your burdens, remember—you have a heavenly Father who is strong enough to carry **both your burdens and you.**



*Renewing your mind...
one thought at a time.*



THINK RIGHT MINISTRIES
Renewing your mind...one thought at a time.



THINK RIGHT PRINCIPLE

God never intended you
to carry what He has
invited you to cast on Him.



TODAY'S CHALLENGE

What burden have you been
carrying that Jesus is asking
you to surrender today?
Give it to Him in prayer—
and leave it there.



PRAYER

Father, thank You for caring
about every burden I carry.
Today I choose to cast my
worries on You, trusting that
Your strength is greater
than my weakness. Carry me
when I am weary, and fill my
heart with Your peace. In
Jesus' name, *Amen.*



MEMORY VERSE

"Cast all your anxiety
on Him because
He cares for you."

— 1 PETER 5:7



ONE LAST THOUGHT

Faith doesn't mean
carrying heavier burdens.
It means trusting a
stronger Savior.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ "Shepherd"
by CeCe Winans
- ▶ "He Will Carry You"
by Scott Wesley Brown



DAY 8

EXPERIENCE GOD'S PERFECT PEACE

— ISAIAH 26:3 —

When my middle son was about three years old, he was unusually curious. One day our family was driving a friend, Diane, to the airport. She sat quietly in the back seat, staring out the window.

Suddenly, my son looked at her and asked,

“What are you thinking?”

She smiled and began telling him everything that was on her mind. For the next several minutes, my three-year-old listened attentively while she poured out her heart.

Then, in the middle of the conversation, Diane stopped, laughed, and said,

“What’s wrong with me? I’m telling all my problems to a three-year-old!”

She shook her head, smiled at my son, and said,

“You’re good, little man.”

Have you ever been so burdened that you just needed someone to listen?

Maybe you’re carrying concerns about a rebellious child, an unexpected financial setback, a troubling medical report, or an uncertain future. You’re not alone.



God sees you.
God cares about you.
And God invites you to bring every burden to Him.

“

“You will keep in perfect peace those whose minds are steadfast, because they trust in You.”

— ISAIAH 26:3

If a conversation with a three-year-old brought comfort to Diane’s heart, imagine the peace that comes from talking with the God who not only listens—but also has the power to answer, strengthen, and carry you through every trial.

That’s why God says,

“Call to Me and I will answer you...” (Jeremiah 33:3)

And because of Christ,

“Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.” (Hebrews 4:16)

Peace isn’t found in pretending your problems don’t exist.

Peace is found in bringing them to the God who loves you.

*Renewing your mind...
one thought at a time.*



THINK RIGHT MINISTRIES

Renewing your mind...one thought at a time.



THINK RIGHT PRINCIPLE

A mind fixed on God is
a heart filled with peace.



TODAY’S CHALLENGE

What’s been weighing on your mind today? Instead of replaying it in your thoughts, take five minutes to talk with God about it. Then leave it in His hands.



PRAYER

Father, thank You for always listening when I call. You know every burden I carry and every fear I face. Help me fix my mind on Your faithfulness instead of my circumstances, and fill my heart with Your perfect peace. In Jesus’ name, *Amen.*



MEMORY VERSE

“You will keep in perfect peace those whose minds are steadfast, because they trust in You.”

— ISAIAH 26:3



ONE LAST THOUGHT

God doesn’t just hear your prayers—He responds with His presence, His peace, and His power.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ “Perfect Peace”
by Andrea Crouch
- ▶ “My Soul is Anchored”
by Douglas Miller



DAY 9

GUARD YOUR HEART, GUARD YOUR WORDS

— PSALM 19:14 —

Years ago, one of my mentors told me about a man who had earned a doctoral degree. Instead of displaying it proudly on his office wall, he kept it hidden in the bottom drawer of his desk. When my mentor asked why, the man quietly replied, **“Because this degree cost me my marriage.”**

I’ve never forgotten those words.

Years later, I was revising my own doctoral dissertation for publication. After completing the manuscript, I decided I wanted to add one more section to the appendix.

There was just one problem. I had promised my wife I was finished making changes.

When I asked her to contact the publisher and add the extra material, she lovingly but firmly replied, “No. You gave me your word.”

I didn’t like her answer. I became frustrated. Then I became angry.

The words that came out of my mouth didn’t sound like the man I wanted to be. The words I spoke revealed thoughts and attitudes that I had allowed to grow unchecked. As the tension grew, I suddenly remembered my mentor’s story.



It was as though the Holy Spirit whispered,
“Are you willing to let this book damage
the marriage I’ve given you?”

That question stopped me in my tracks.

The next day, I asked my wife to take a walk with me. I apologized for the hurtful words I had spoken and asked for her forgiveness.

That experience taught me something I’ll never forget.

My angry words didn’t begin with my mouth.

They began with my thoughts.

David understood this when he prayed,

*“Let the words of my mouth and the meditation
of my heart be acceptable in Your sight,
O Lord, my Rock and my Redeemer.”*

— PSALM 19:14



If we want God to change our words, we must first
invite Him to transform the thoughts that produce them.

*Renewing your mind...
one thought at a time.*



THINK RIGHT MINISTRIES
Renewing your mind...one thought at a time.



THINK RIGHT PRINCIPLE

Your words reveal what
your heart has been
rehearsing.



TODAY’S CHALLENGE

Before you speak today,
pause and ask yourself:
“Will these words honor God
and build up the person
who hears them?”



PRAYER

Father, guard my heart and
my mind so that my words
reflect Your love, grace, and
truth. When I’m tempted to
speak in anger, help me
pause, think, and respond in
a way that honors You.
In Jesus’ name, *Amen.*



MEMORY VERSE

*“Let the words of my mouth and
the meditation of my heart be
acceptable in Your sight...”*

— PSALM 19:14



ONE LAST THOUGHT

If your words need changing,
start by asking God to
change your heart.



LISTEN & BE ENCOURAGED

Song Suggestions:

- ▶ “A Heart That Forgives”
by Kevin Lamar
- ▶ “Speak the Word”
by Tina Cambel



DAY 10

SEE LIFE FROM GOD'S PERSPECTIVE

— COLOSSIANS 3:2 —

Have you ever looked out the window of an airplane?

As the plane climbs higher, something amazing happens. The houses become tiny. Busy highways shrink into thin ribbons. Even towering skyscrapers look small. The world below hasn't changed. Your perspective has.

Life works the same way.

When we're standing in the middle of a crisis, our problems seem enormous. A difficult marriage, financial pressure, a frightening medical report, a wayward child, or an uncertain future can fill our minds until they seem bigger than life itself.

But God invites us to see life differently.

"Set your minds on things above, not on earthly things."

— COLOSSIANS 3:2

Notice what Paul doesn't say.

He doesn't tell us to pretend our problems don't exist. He tells us to lift our minds above them.

We naturally see life from the bottom up.

We focus on what we can see, what we can control, and what we fear might happen next.

God sees life from the top down.

- He sees the end from the beginning.
- He sees tomorrow while we're worried about today.
- He sees His purpose while we're focused on our problems.

That's why God reminds us,

"For My thoughts are not your thoughts, nor are your ways My ways," declares the Lord. "For as the heavens are higher than the earth, so are My ways higher than your ways and My thoughts than your thoughts."

— ISAIAH 55:8-9

Every battle for the mind is ultimately a battle for perspective.

Will I see this situation through the eyes of fear... Or through the eyes of faith?

The more time you spend looking up, the less time you'll spend looking around.

When your mind is fixed on God's promises, your problems lose the power to control your thoughts.

Your circumstances may not change overnight...

But you will.

Because when you begin seeing life from God's perspective, hope replaces fear, faith overcomes doubt, and peace begins to guard your heart.

*Renewing your mind...
one thought at a time.*



THINK RIGHT PRINCIPLE

See life from God's perspective—top down instead of bottom up.



TODAY'S CHALLENGE

What problem has been consuming your thoughts this week? Write it down.

Now write one promise from

God's Word beside it.

Today, choose to focus on God's promise more than your problem.



PRAYER

Father, too often I see life only through the lens of my circumstances. Lift my eyes above my fears and help me see life from Your perspective. Replace my worry with faith, my discouragement with hope, and my limited understanding with confidence in Your perfect plan. Teach me to think Your thoughts and trust Your ways. In Jesus' name, *Amen*.



MEMORY VERSE

"Set your minds on things above, not on earthly things."

— COLOSSIANS 3:2



ONE LAST THOUGHT

The higher your thoughts rise toward God, the smaller your problems become.



THINK RIGHT MINISTRIES

Renewing your mind...one thought at a time.

Congratulations!

YOU'VE COMPLETED YOUR 10-DAY JOURNEY

Congratulations!

Over the past ten days, you've taken an important step toward winning one of life's greatest battles—the battle for your mind.

You've discovered that lasting transformation doesn't begin by changing your circumstances. It begins by renewing your mind with God's truth.

Each Scripture you've read...
Every prayer you've prayed...
Every challenge you've completed...
Has been another step toward becoming the person God created you to be.



Remember...

Renewing your mind is not a one-time event. It's a daily decision.

Every morning, you have the opportunity to reject fear, replace lies with God's truth, and choose to think the thoughts of Christ.

The battle for your mind will continue, but so will God's grace. He has promised to strengthen you, guide you, and transform you as you continue walking with Him.

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

ROMANS 12:2



YOUR NEXT STEPS

- ☒ Spend time with God every day.
- ☒ Memorize one Scripture each week.
- ☒ Guard your thoughts.
- ☒ Surround yourself with godly influences.
- ☒ Share what you've learned with someone else.



CLOSING PRAYER

Father, thank You for walking with me through these past ten days. Continue renewing my mind through Your Word. Help me reject every lie, embrace Your truth, and live each day with faith, hope, and peace. May my thoughts, words, and actions bring glory to You. In Jesus' name, *Amen*.



REMEMBER...
ONE THOUGHT...
ONE CHOICE...
ONE DAY...

ONE LIFE TRANSFORMED.



THINK RIGHT
— MINISTRIES —

Renewing Your Mind...One Thought at a Time.

Dr. Paul Chipman

Founder • Think Right Ministries
Pastor • Author • Speaker • Biblical Counselor

For more than three decades, Dr. Paul Chipman has dedicated his life to helping people experience lasting transformation through the renewing power of God's Word. His passion is equipping individuals, families, churches, and organizations to overcome negative thinking, strengthen their faith, and walk in the abundant life Christ promised.



Dr. Chipman holds a Master of Theology (Th.M.) from Dallas Theological Seminary and a Doctor of Ministry (D.Min.) from Liberty University. He served as a Senior Pastor for seventeen years and has ministered throughout the United States and internationally, speaking at churches, conferences, men's retreats, commencement services, and NFL chapel programs.

As the Founder of Think Right Ministries, his mission is simple:



*Helping people win the battle for their mind
through the transforming power of God's Word.*

Paul and his wife, Vonda, have been married for more than forty years. Together, they are passionate about strengthening marriages, encouraging families, mentoring leaders, and helping people discover the freedom that comes through a renewed mind in Christ.



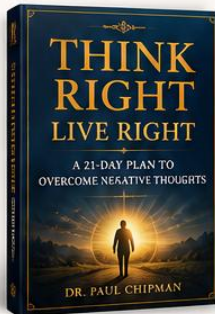
THINK RIGHT
MINISTRIES

*Renewing Your Mind...
One Thought at a Time.*

MORE RESOURCES

FROM DR. PAUL CHIPMAN

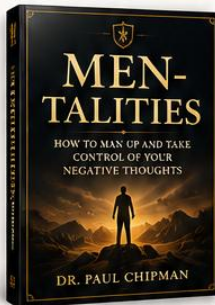
Continue Your Journey



Think Right Live Right

A 21-Day Plan to Overcome Negative Thoughts

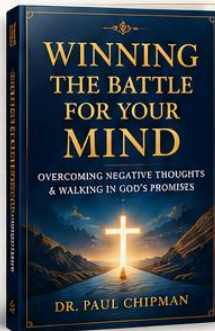
A practical devotional designed to help you replace negative thinking with biblical truth and develop habits that lead to lasting spiritual transformation.



Men-Talities

How to Man Up and Take Control of Your Negative Thoughts

An encouraging resource challenging men to confront destructive thinking, embrace biblical manhood, and lead with courage, wisdom, and faith.



Winning the Battle for Your Mind

Overcoming Negative Thoughts & Walking in God's Promises

Discover practical, Scripture-based principles that will help you recognize destructive thought patterns, replace lies with God's truth, and experience the peace and freedom that come from a renewed mind.

COMING SOON FROM THINK RIGHT MINISTRIES



New Bible
Studies



Group
Discussion
Guides



Small Group
Curriculum



Speaking
Events



Additional
Devotionals



Video
Teaching
Series



THINK RIGHT MINISTRIES

*Renewing Your Mind...
One Thought at a Time.*

ThinkRightMinistries.com



Continue Your Journey

Stay Connected with Think Right Ministries

Your journey doesn't end here.
Join us as we continue helping people renew
their minds through the transforming power of God's Word.

YOU'LL RECEIVE



Weekly
encouragement



Biblical
teaching



New
devotionals



Practical
resources



Conference
and speaking
updates



Ministry
news

CONNECT WITH US



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Coming Soon



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drpchip84@gmail.com



LinkedIn
Dr. Paul Chipman
Coming Soon



Facebook



YouTube



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Podcast



Bible Study Videos



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One Thought at a Time.*



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(BONUS
PAGE)

JOIN THE THINK RIGHT COMMUNITY

You're Invited

*Every day we face a battle for our minds.
You don't have to fight it alone.*

Join the growing Think Right community and receive biblical encouragement designed to help you renew your mind, strengthen your faith, and experience God's peace.

AS A SUBSCRIBER, YOU'LL RECEIVE:

-   Weekly "Think Right" encouragement
-   Scripture-based devotionals
-   Bible study resources
-   Ministry updates
-   Speaking event announcements
-   Exclusive free downloads
-   New book releases and teaching resources



THINK RIGHT MINISTRIES

*Helping people win the battle for their mind
through the transforming power of God's Word.*



Email:
drpchip84@gmail.com



Website:
Coming Soon



Whether you're seeking hope, freedom from negative thinking, or a deeper walk with Christ, we're here to encourage you every step of the way.

A PERSONAL WORD

FROM

Dr. Paul Chipman

Thank you for allowing me to walk with you through these ten days.

It has been my prayer that every page has encouraged you to think differently, trust God more deeply, and experience the transforming power of His Word.

Remember...

You cannot always control every thought that enters your mind.

But with God's help, you can choose which thoughts are allowed to stay.

So each day...

Choose **faith** over fear.



Truth over lies.



Hope over discouragement.



Peace over anxiety.



Christ over everything.



Because when you think
God's thoughts...
God begins *changing your life*.

May the Lord richly bless you as you continue
renewing your mind through His Word.

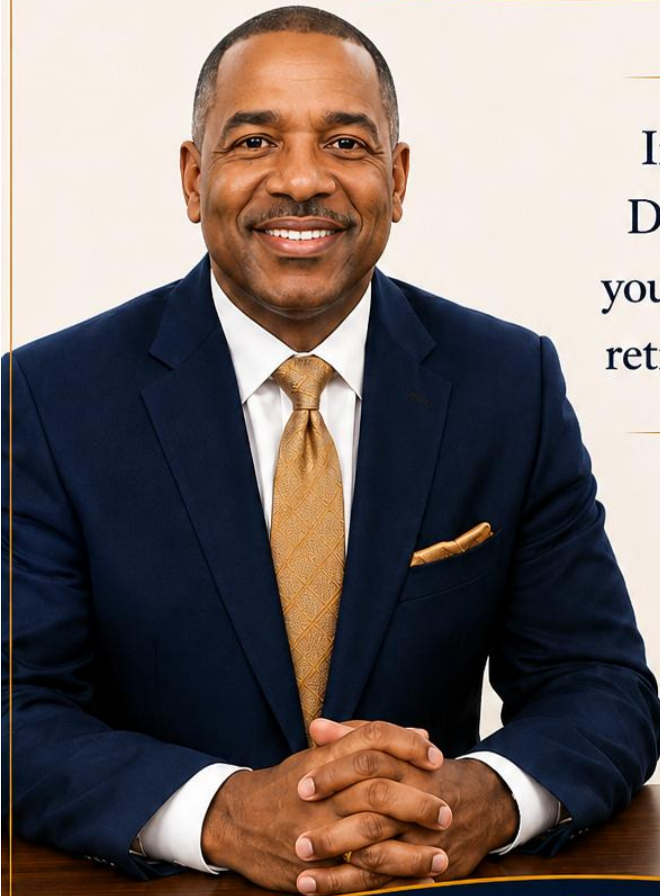
*Keep Thinking Right!**Dr. Paul Chipman*

Dr. Paul Chipman, Th.M., D.Min.

Founder, Think Right Ministries

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INVITE DR. PAUL CHIPMAN



Interested in having
Dr. Chipman speak at
your church, conference,
retreat, or special event?



Email:

drpchip84@gmail.com



THINK RIGHT MINISTRIES

Renewing Your Mind... One Thought at a Time.

“Change your thinking...
and God will begin
changing your life.”



THINK RIGHT — MINISTRIES —

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One Thought at a Time*

Helping people win the battle for their minds
through the transforming power of God's Word.



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SCAN TO
STAY CONNECTED



Join our community for
weekly encouragement,
resources, and updates!

Jesus changes lives.
ONE THOUGHT AT A TIME.

